

**DEPARTMENT F – PERSONAL
DEVELOPMENT AND LEADERSHIP**

DRESS CODE -

Please follow the dress code for your county as noted in the “General Rules and Regulations” section of this fair book.

ENTRIES PER EXHIBITOR -

County Entries - No limit to number of exhibit per class unless otherwise noted in class description.

State Fair - State Fair has limits to entries per exhibitor and could be different in each division (please refer to the Nebraska State Fair Book).

4-H and FFA members will judge together in the contests.

IMPORTANT – There is **NOT** a **County Only Section** in the Fair book. There will either be a **CF** or **SF** in front of every **Class Number**.

- **CF**: means that exhibit is **ONLY** eligible to be exhibited at the County Fair.
- **SF**: means that exhibit if **CHOSEN** at County Fair is eligible to advance to State Fair.

DEPARTMENT F CONTESTS

GENERAL INFORMATION: 4-H'ers are eligible to participate in all judging and identification contests divisions regardless of project enrollment. While contest is in progress, a contestant shall not communicate with others, except as directed by the Superintendent in charge of the contest. Participants will be informed of regulations at the beginning of each contest.

All participants in judging, skill and identification contests at the State Fair must be enrolled in 4-H by June 15 of the current year and must become 10 years of age prior to Jan. 1 of the current year except in the Tractor Operators Contest where participant must have reached his or her 14th birthday prior to Jan. 1 of the current year.

DIVISION 500 - FAMILY & CONSUMER SCIENCE CLASSES

(4-H Age prior to Jan. 1 of current year)

An interdisciplinary approach using situations relevant to young people will serve as the basic structure for the contest. Participants can expect to apply basic knowledge of family and consumer sciences to these situations through written questions, oral reasons, and placing classes. Participants will answer all questions on the quiz, give oral reasons and place classes. See dress code above. This will be held at Pre-Fair Day.

FAMILY AND CONSUMER JUDGING CONTEST

SF-F500010 - Senior (14 & Older)

SF-F500011 - Intermediate (11-13)

CF-F500900 - Junior (8-10)

FAMILY AND CONSUMER SCIENCE QUIZ

CF-F500910 - Senior (14 & Older)

CF-F500911 - Intermediate (11-13)

CF-F500912 - Junior (8-10)

DIVISION 500 - HORTICULTURE JUDGING CONTEST CLASSES

(4-H Age prior to Jan. 1 of current year)

4-H and FFA will judge together. Participants will NOT be allowed to touch any plant materials. Participants will identify specimens and place classes. Senior and Intermediate Divisions are eligible to participate at the State Fair. See dress code above. This Contest will be held at Pre-Fair Day. The On-Line Contest information will be in the newsletter.

Pre-Fair Day Contest

SF-F500020 - Senior (14 & Older)

SF-F500021 - Intermediate (11-13)

CF-F500922 - Junior (8-10)

On-Line Horticulture Contest

CF-F500930 - Senior (14 & Older)

CF-F500931 - Intermediate (11-13)

CF-F500932 - Junior (8-10)

DIVISION 500 - LIVESTOCK JUDGING CONTEST CLASSES

(4-H Age prior to Jan. 1 of current year)

4-H and FFA will judge together. Hard soled, non-slip shoes are required when judging livestock. See dress code above. This Contest will be held during the County Fair.

CF-F500940 - Senior (14 & Older)

CF-F500941 - Intermediate (11-13)

CF-F500942 - Junior (8-10)

DIVISION 500 - TRACTOR OPERATOR CONTEST CLASSES

(4-H Age prior to Jan. 1 of current year)

(One Contest held in Boyd County Only - For participants of either county)

4-H and FFA will participate together. To be eligible to drive the course you must have been enrolled in an Ag Class in school this last school year and/or have completed all 4 units of the 4-H Tractor Manual and be at least 12 years old prior to January 1. All ages can take the quiz and complete the practicals but only those youths 12 and older can drive the course.

Participants will answer all questions on the quiz, identify incorrect or faulty maintenance and safety items, identify parts, and drive the course.

CF-F500950 - Senior (14 & Older)

CF-F500951 - Junior (11-13)

CF-F500952 - Novices (8-10)

DIVISION 500 - TALENT CONTEST CLASSES

GENERAL INFORMATION: Each group must have one or more participants, all must be 4-H members. Each participant will wear a 4-H chevron or other prominent 4-H identification. Chevrons may be purchased through the County Extension Office. The performing group may not use identification of a specific club, county or organization other than 4-H.

Each group is allowed two minutes after the cue from the contest chairman to arrange themselves on stage and begin performing. Props are not encouraged, but if used, must be in place within the time limit. The performance of each group is limited to not more than six minutes. Any number of songs may be sung within the six minutes time limit. Groups may sing any selection of their choice.

Recorded background music may be used only in the Drill or Dance Routines. In Song Group With Recorded Accompaniment, only recorded instrumental background music may be used. Performing groups must bring their own tape or CD and player if recorded accompaniment is used. Please only have the music you need on the tape. Other song groups may be accompanied by piano, guitar, or other instruments. Live accompaniment, if used, may be a 4-H member, parent, or leader. Not more than one adult may accompany a group. You must provide your own music stands. A group may appear with or without a director who must be a 4-H member.

CF-F500960 - Group Drill or Dance Routines - May be a drill, square dance, tap dance, or any routine done as a group.

CF-F500961 - Vocal Group - Live Or Recorded Accompaniment.

CF-F500962 - Vocal Solo - Live Or Recorded Accompaniment.

CF-F500963 - Instrumental Group - Group with instruments of their choice. Contestants may have sheet music while presenting and must provide a copy of the music prior to the contest for the judge. The level of difficulty of the music played should be appropriate to the skill level of the 4-H members.

CF-F500964 - Instrumental Solo - Contestant may have sheet music while presenting and must provide a copy of the music prior to the contest for the judge. The level of difficulty of the music played should be appropriate to the skill level of the 4-H member.

Accompaniment may be live or recorded.

DEPARTMENT F – TABLE SETTING CONTEST

4-H members enrolled in foods and home environment projects are eligible to exhibit. Age divisions will be prior to Jan. 1 of current year - Junior (8-10 years old); Intermediate (11-13 years old) and Senior (14 and over).

When exhibited - This event is held in conjunction with the Fashion Show and Talent Contest.

Dress Code - For Table Setting Contest exhibitors the dress code will be the official 4-H dress code of a white shirt/blouse/t-shirt and dark blue jeans **OR** nice street clothes (no shorts) **OR** clothes that are appropriate according to your theme or presentation with the official 4-H chevron or armband.

1. Select and make a food item. Bring the food plus recipe on a card either written or typed. Bring a menu, also on a card, which includes the food. All of this should tie in with your total exhibit.
2. Be sure you know how to prepare your food! The judge may ask if you know how to make your food and how many times you have made this menu for your family.
3. Select a theme for your table; holiday, birthday, anniversary, season, family dinner, etc.
4. Plan the table service needed to serve the food. Include dishes, silver, table linen, and centerpiece. The exhibit should be placed on a card table, and bring your own table. (1 place setting)
5. **County Exhibitors** - A refrigerator, stove and microwave will be available.
6. The tables should be set up by SCHEDULED TIME. A schedule will be made after pre-registrations. After each group of exhibitors sets up their tables, they will set as a group across the room from the tables. This way only the exhibitor that is being interviewed hears the questions from the judge.
7. Each participant should have their name on a card to be turned over **after the judging**. Ribbons will be announced during the Fashion Show. Tables will remain up until after the Fashion Show for the Public to see.

Table settings will be dropped one ribbon placing if the above criteria is not met.

DIVISION 500 - TABLE SETTING CONTEST CLASSES

CF-F500970 - Junior Division

CF-F500971 - Intermediate Division

CF-F500972 - Senior Division

***Clover Kids** – refer to the Clover Kids section (Department K) for classes.

CULINARY CHALLENGE CONTEST

PURPOSE OF THE CULINARY CHALLENGE CONTEST

The 4-H Culinary Challenge Contest will require youth to demonstrate healthy decision making through nutrition, food preparation, menu planning, and food safety, utilizing foods and nutrition curriculum. They will apply healthy living knowledge and skills by planning a nutritious menu, demonstrating their understanding of time management skills in the kitchen, and expressing their originality and creativity through an appropriate themed and properly set table. To showcase these skills, youth will create a menu, prepare one food item, and choose an appropriate theme for their occasion while expressing their food, nutrition, and food safety knowledge during a live interview with a judge at the contest. In order to highlight knowledge and skills acquired during pre-contest preparation, youth will utilize technology as part of their interview.

AGE DIVISIONS

Age divisions will be determined by their 4-H age, the age of the youth before January 1 of the current year.

ELIGIBILITY

The 4-H'er must be enrolled in at least one Foods and Nutrition project to enter the Contest.

STATE CONTEST

County teams of two 4-H members will have the opportunity to advance to the 4-H Culinary Challenge Contest, which will be held the first weekend of the Nebraska State Fair. Teams will be determined by the oldest 4-H'ers age. Advance entry must be submitted to the State 4-H Office with all other advance entries. Check the master schedule for complete schedule of contest. A nonrefundable entry fee of \$5.00 per person is required. Judging will occur on the first weekend of the Nebraska State Fair. Groups will be determined following the advance entry deadline. Specific competition times may be requested, but cannot be

guaranteed. Team members will receive purple, blue, red, or white Nebraska State Fair ribbons. Medals will be awarded to first and second place teams in each age division. Results will be posted following the completion of the contest.

CHALLENGE

INGREDIENT/ITEM

A challenge ingredient will be selected each year, highlighting a Nebraska commodity food product. **The 2018 challenge ingredient is beef. Please keep food safety in mind when selecting the recipe used for the Challenge. Foods must be able to kept chilled during transport to the contest, then be able to be re-heated in a slow cooker or microwave.** Each team must incorporate the challenge ingredient into their food item they will be presenting during the contest. This may require altering a recipe or creatively incorporating an item into their overall table theme. (For example: hummus, bean salads, soups, baked beans, or any other recipe using dried beans, peas or lentils in a creative way. The challenge ingredient must also be included in the interview presentation, demonstrating youth knowledge of the ingredient, such as nutritional value, a farm-to-fork concept, or how to adapt a recipe to include the ingredient.

JUDGES

INTERVIEW

The team should view themselves as the hosts, welcoming the judge, cooperatively presenting the table to the judge, incorporating multi-media resources, and answering any questions from the judge. Teams must be prepared to present to the judge utilizing technology such as PowerPoint, picture story, or other multi-media resource. Presentations may include photos, clip art, animation, video or audio sound. The 4-H members should cooperatively present a verbal presentation to the judge that is highlighted by their multi-media presentation via computer or tablet. Participants must provide their own computer or other equipment needed for their 4-H Foods Event judging interview. Presentations will occur at participants' tables. Please do not bring projectors or other equipment which will require extra space.

Considerations should be given to creatively include the following items through the multi-media presentation:

- nutritional facts of their menu
- food safety
- time management
- choice of menu
- food preparation
- cost of item/per serving
- food handling techniques
- recipe of the food item shared with the judge
- challenge ingredient (nutritional value, farm-to-fork, recipe revision, etc.)

GENERAL RULES/GUIDELINES

1. A team will consist of two members to be eligible to compete. 4-H members must all be at least 10 years of age by January 1 of the current calendar year.
2. All team members must be enrolled in a 4-H foods and nutrition project during the current 4-H year.
3. Judging interviews will be approximately 12 to 15 minutes for F500097 - Intermediate and F500098 - Senior Divisions. This time includes a short presentation by the teams, as well as questions from the judge.
4. Teams should arrive at least 15 minutes prior to your assigned time to set up their table.
5. Team members must provide their own card table for the display.
6. Upon arriving, check-in at the registration table. Teams will be assigned a specific area to set up.
7. **County Exhibitors** - Check-in area will contain a refrigerator, stove and microwave.
State Exhibitors - Check-in area will contain a refrigerator, a microwave and *limited* temporary storage for table settings.
8. Only contestants will be allowed to set up or arrange table settings.
9. Participants must have their table setting ready by the assigned time. Once tables are set, contestants should stay with their tables, as they are responsible for items placed on tables. Chairs will be available for contestants.
10. During judging, 4-H members may choose to dress in appropriate clothing, costume, or accessories relevant to the theme. A 4-H chevron or 4-H emblem must be visible on clothing.
11. All tables will be removed following a designated time. Tables will be available for judging and public viewing for a maximum of 2 hours.

CONTEST RESOURCES

- [SF 4-H Culinary Challenge Contest Score Sheet.](#)

- <http://food.unl.edu/youth/projects> - This site contains more information regarding proper table setting guidelines, recipe development resources, and food safety guidelines.

SF-F500097 - 4-H Culinary Challenge Contest - Intermediate - Teams of two 4-H members - Ages 10 -13

SF-F500098 - 4-H Culinary Challenge Contest - Senior - Teams of two 4-H members - Ages 14-18

DEPARTMENT F - ENTREPRENEURSHIP -

GENERAL INFORMATION: All exhibits are directly related to activities in the project manual. Refer to the manual for ideas, suggestions and additional information to enhance project exhibits.

All static exhibits must have received a purple ribbon at the county fair to advance to the State Fair.

Exhibit Guidelines: The 4-H member's name, age, town and county must be listed on the back of the exhibit. Entry cards should be stapled (not paper-clipped or taped) to the upper right-hand corner of the exhibit.

If exhibit is a poster it must be 14" x 22" and may be arranged either horizontally or vertically. Poster may not use copyrighted materials, such as cartoon characters or commercial product names. Exhibits which do not conform to size or content guidelines will be lowered one ribbon placing.

Posters may include photographs, charts or examples as well as a written explanation. Posters may be laminated to protect them. Loose plastic coverings used to protect the exhibit while being transported will be removed by the superintendent for evaluation and display. For classes 1-3, follow guidelines for posters.

DIVISION 531 - ESI: ENTREPRENEURSHIP CLASSES

ESI Unit 1 Discover the E-Scene

SF-F531001 - Interview an entrepreneur - Share what you learned from the person about starting and running a business or how they deliver excellent customer service. How will what you have learned through this interview change your future plans or ways of thinking about business? (based on pages 2.1 - 2.4 of manual)

CF-F531900 - ESI Unit 1 - Other - Exhibit needs to relate to project area. You can add any additional information that you want the judge to know about your exhibit.

ESI Unit 2 The Case of ME

SF-F531002 - Social Entrepreneurship Presentation - Prepare a five slide power point presentation about a social entrepreneurship event to benefit a group or individual in your community. Social entrepreneurs are people who are in business to help others. Submit a print out of the note pages which show each slide and include an explanation of each slide. Enter exhibit in a report cover with fasteners (no slide bars). Refer to page 2.4 of Unit 2 The Case of Me for ideas.

CF-F531901- ESI Unit 2 - Other - Exhibit needs to relate to project area. You can add any additional information that you want the judge to know about your exhibit.

ESI Unit 3 Your Business Inspection

SF-F531003 - Marketing Package - (mounted on a 14" x 22" poster) must include at least three items (examples) developed by the 4-H'er from the following list: business card, brochure, advertisement, business promotional piece, printout of an internet home page, packaging design, signs, logo design, direct mail piece, etc. The marketing package should be for an original business developed by the 4-H'er and not an existing business.

SF-F531004 - Sample of an Original Product - with an information sheet (8 ½" x 11") answering the following questions:

1. What did you enjoy the most about making the product?
2. What challenges did you have when making the product? Would you do anything differently next time? If so, what?
3. What is the suggested retail price of the product? How did you decide on the price?
4. Market analysis of the community – data gathered through a survey of potential customers. Use the three questions on page 3.3 and survey at least 10 people in your community about your product.
5. How much would you earn per hour? Show how you determined this figure.

6. What is unique about this product?

SF-F531005 Photos of an Original Product - (mounted on a 14" by 22" poster). Must include three photos of developed product and a mounted information sheet answering the following questions. If exhibiting in both Class F531004 and Class F531005, products must be entirely different products.

1. What did you enjoy the most about making the product?
2. What challenges did you have when making the product? Would you do anything differently the next time? If so, what?
3. What is the suggested retail price of the product? How did you decide on the price?
4. Market analysis of the community – data gathered through a survey of potential customers. Use the three questions on page 3.3 and survey at least 10 people in your community about your product.
5. How much would you earn per hour? Show how you determined this figure.
6. What is unique about this product?

CF-F531902 - ESI Unit 3 - Other - Exhibit needs to relate to project area. You can add any additional information that you want the judge to know about your exhibit.

SF-F531006 - Entrepreneurship – All Units - Entrepreneurship Challenge – Take on the entrepreneurship challenge. Entrepreneurship Challenge is open to 4-H'ers enrolled in any of the three units of ESI. Complete five (5) or more of the challenges from the following list. The exhibit will include highlights from these five (5) challenges. Consider labeling each challenge so the viewer will understand what the challenge was. Enter a poster, video, report or scrapbook related to the learning from the challenge. Use your creativity to show and share what you learned. Select your five (5) challenges from the list below:

1. Sell something.
2. Introduce yourself to a local entrepreneur and take a selfie with them.
3. Be a detective! Look for Nebraska-made products and find out more about the business.
4. Tour 2-3 entrepreneurial businesses and create a photo story.
5. Investigate what it takes to be an entrepreneur (Skills Assessment ESI 4.1.)
6. Make a prototype (sample/model) of a new product idea. (Include the prototype or a photo of prototype.)
7. Work with a friend to develop a new business idea!
8. Contact your local Extension Office to learn about entrepreneurship opportunities.
9. Create an activity to teach others about entrepreneurship (coloring page, puzzle, game, etc.)